

# Pastoral Care Update June 21, 2023



## The 6 Best Doctors in the World

Steve Jobs (CEO of Apple) died in 2011, age 56, after losing his battle with pancreatic cancer. Prior to his death, he posted this:

"I reached the pinnacle of success in the business world. In some others' eyes, my life is the epitome of success. However, aside from work, I have little joy. In the end, my wealth is only an accepted fact of my life.

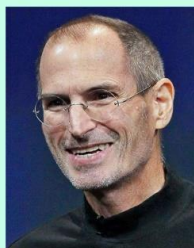
At this moment, recalling my life, I realize that all the recognition and wealth that I took so much pride in have paled & become meaningless in the face of my death.

You can employ someone to drive for you, make money for you, but you cannot have someone bear your sickness for you. Material things lost can be found or replaced. But there is one thing that can never be found when it's lost - **Life**. Whichever stage in life you are in right now, with time, you will face the day when death comes. Treasure love for your family, love for your spouse, love for your friends. Treat yourself well & cherish others. As we grow older, and hopefully wiser, we realize that a \$300 or a \$30 watch both tell the same time. You will realize that your true inner happiness does not come from the material things of this world. Whether you fly first class or economy, if the plane goes down - you go down with it.

Therefore, I hope you realize, when you have old friends, brothers and sisters, who you chat with, laugh with, talk with, have singsongs with, that is true happiness! Don't educate your children to be rich. Educate them to be happy. Eat your food as your medicine, or you will have to eat medicine as your food. There's a big difference between a human being & being human. Only a few really understand it. You are loved at birth. You will be loved when you die. In between, you have to manage!

The 6 best doctors in the world are sunlight, rest, exercise, diet, self-confidence and friends. Embrace these, and enjoy a healthy life.

~ submitted by Denman Lawrenson



# JUNE

## BULLETIN BOARD



**SUNDAY JUNE 25th** - The 10am service includes:

- Burning Bush Theatre presenting two pieces from "Joseph"
- introduction of our Ukrainian family, the Humeniuks
- presentation of Grads
- congregational picnic following (rain or shine)

**COMMUNITY DINNER** - Tues June 27, open at 4:30, eat at 5

**PASTORAL CARE** - about 70 members of our congregation are on this important Team, providing visitation, transportation, meals & others services to our seniors. Mary Jane McIntyre is our newest member. Welcome Mary Jane. If you are interested in helping with this ministry, please contact me to discuss.

**Prayer Requests for:**

- Peggy Bayley, Ray Conn, Marjorie Heggart, John Heron, Taylor Kennedy, Frank Tilley, Joe Tomilson
- we give thanks & pray for those providing pulpit supply during our ministerial vacancy

Contact Catherine Brown  
705 445 6941  
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(Jonathan Brown on his way to Toronto with Jack & Fay Gieg)



## People & Places



In 7th heaven at coffee hour: Brad, Rory, Judy, Carole, Barb, Jessica, Bev



Tom Finlay and his pink poppies



Mary Jane McIntyre & Bob Moenck hiking the Juan de Fuca Trail, BC



Celebrating a Feb birthday in June  
Karen Wolfe, Martha Lawrence, Binnie Armstrong (birthday) & Janet Kagwa



## The Joys of Summer

Written by Patty Richardson,  
Women's Ministries, Salv. Army

Summer is bright & cheerful. It invites us to stay outside a bit later as the sunshine stretches out the day. We sometimes like to complain, "It's sure hot outside", but we still enjoy the feelings of freedom and relaxation that summer gives.

I love summer. Trees are in full leaf, flowers and vegetable gardens are in full bloom, and shorts & T-shirts rule the day. Daylight is plentiful and it appears that there is more time for everything. As a kid, I remember playing outside til past dark.

Summer brings fun opportunities for laughter and happiness - the picnics, vacations, and the gatherings of family & friends. Author Barbara Johnson says, "People thrive on laughter. Since most of us can't afford vacations in Hawaii, we have to learn to make our own fun! The best way to do that is to keep your state of mind green and golden: find, recycle, or produce joy wherever and however you can."

*"Shout for joy to God, our source of strength!  
Shout out to the God of Jacob!" ~ Psalm 81:1*

Summer is a great time for us to experience the joy that living in Christ brings us, allowing us to enjoy all that God provides. As we experience God's joy in the beauty of nature, the sound of children's laughter, or recounting a funny story with friends & family, be sure to share it. Our joy is multiplied when we do. And, save me a cold glass of peach iced tea!



## Silly Summer Jokes for Kids & Grandkids



- 1) What did the pig say on a hot summer day? ~ I'm bacon
- 2) How can you tell an ocean is friendly? ~ it waves
- 3) Where do sheep go on vacation? ~ to the Baa-hamas
- 4) What do you call a snowman in June? ~ a puddle
- 5) Which letter of the alphabet is the coolest? ~ Iced T
- 6) What do you get when you combine an elephant with a fish?  
~ swimming trunks
- 7) What travels all around the world but stays in one corner?  
~ a postage stamp
- 8) Do fish go on vacation? ~ NO, they're always in a school
- 9) Why did the dolphin cross the beach?  
~ to get to the other tide
- 10) Why can't basketball players go on vacation?  
~ because they would get a foul called for "travelling"

**"Laughter is the best medicine"**

